

# Program Offerings



**Archery:** Shoot a bow and arrow with one of the most experienced youth archery instructors in the area. Fun and challenging activities are used to teach youth the basics. [Ages 10 & up](#)



**Kayaking:** Explore the pond and enjoy the beautiful surroundings by kayaking. Adults and high school youth that have passed a water safety and boating proficiency course will accompany younger children. [All Ages](#)

**Nature:** Allow youth to foster an appreciation for nature by inviting them to explore the world around them through hands-on, outdoor, experiential learning. [All Ages](#)

**Arts and Crafts:** Participate in a variety of fun and challenging projects. Youth will work with many different materials that will enhance the imagination and encourage creativity. [All Ages](#)

**Sports:** Promotes fitness, fun, and team work while allowing youth to improve their skills in popular sports like basketball, soccer, baseball, volley-ball, and more. [Ages 8 & up](#)

**Backyard Games:** Enjoy classic Cuno Camp group activities like camp-wide games and special themed events that are always fun and exciting! [Ages 8 & up](#)

**Overnight Campout:** Earn an invitation to enjoy a night out at Cuno Camp. Youth will enjoy a cookout and special events planned. Overnights are held on the second Wednesday of each 2 week session. [Ages 10 & up](#)

**Book Mobile:** The Meriden Public Library will visit camp and youth can take a free book to enjoy until the mobile's next visit. [Ages 6-9](#)

**Challenge Course:** Learn to work together, develop leadership and problem solving skills, and be challenged to have fun outside of your comfort zone by exploring low-element rope courses and teambuilding activities. [Ages 8 & up.](#)



**Swimming Lessons:** Learn basic water safety, water acclimation techniques and the front crawl stroke. [All Ages](#)



**Teamwork Games:** Using various games and exercises, youth will have to work together as a team to complete challenges. [All Ages](#)

**Field Trips:** Hike up to Castle Craig, Sleeping Giant State Park, visit Sky Zone, Brownstone Park, or go tubing down the Farmington River. **There may be an additional fee for each trip.** [Ages 11 & up](#)

**Watersports:** Competitive water sports, such as: water polo, water basketball, water volleyball, pool baseball and advanced swimming skills will be taught. [Ages 10 & up](#)

**Fishing:** Fish right out of the camp's brand new water front while learning about safe fishing techniques, conservation, and ecology. [All Ages](#)



**Woodcrafts:** Work closely with camp staff to learn how to use hand tools to make and paint their woodcrafts projects. [Ages 9 & up](#)  
**...and much more!**

